



**PSHE Long Term Plan Year 11**

**Pink = Relationships**

**Green – Health and Wellbeing**

**Blue = Living in the Wider World**

Weeks	Subject	Topic Area	Content to Cover	Linked Qualifications	Teaching Notes
1-3	Relationships	Healthy Relationships	<p>The risks of forming relationships online</p> <p>The risks of pornography and the link to consent, manipulation, coercion and capacity to consent</p> <p>Zara McDermott’s Revenge Porn</p> <p>Asexuality, abstinence and celibacy</p>		
4-8	Health and Wellbeing	Exploring Influence	<p>Gangs including peer pressure</p> <p>Organised crime and county lines</p> <p>Knife Crime</p> <p>Drugs and alcohol including peer pressure</p>	<p>AQA Credit 113512 Level Three Certificate</p> <p>Grooming, County Lines and Gangs</p>	<p>Students will look at case studies of young people who have been the victims of knife crime and the impact this has on the families and friends. Students will discover the legal consequences of carrying and/or using a knife</p>

Exit strategies for pressurised or dangerous situations

**Students have not managed to cover drugs and alcohol this half term so we will now cover this next half term. Students may need longer to complete AQA credit.**

9-11	Relationships	Addressing Extremism and Radicalisation	<p>The Equality Act, diversity and values</p> <p>How social media can influence thinking in relation to diversity</p> <p>How to safely challenge discrimination, including online</p> <p>How to recognise and respond to extremism and radicalisation</p>		<p>Students should consider the benefits of living in a diverse and multicultural society. This can include different religions, food, music and clothes.</p> <p>Students should consider the impact of discrimination such as that in the media about immigration. They will then consider the benefits of migration such as the positive impact on organisations such as the NHS.</p> <p>Students will look at the impact of extremism and radicalisation with examples from the news.</p>
12-14	Living in the Wider World	Next Steps	<p>Effective revision techniques and strategies</p> <p>Post-16 options and career pathways</p> <p>Application processes, including writing CVs, personal statements and interview technique</p>	<p>ASDAN Certificate in Careers Module 3 Section A Career Management</p> <ul style="list-style-type: none"><li>• Application Forms</li><li>• Job Vacancies</li><li>• Interviews</li><li>• Personal Expense</li></ul>	<p>During this topic students will have the chance to look for jobs, fill out mock application forms, take part in a mock interview and work out how much it would cost to go to university and how this could be funded.</p> <p>Students will have the opportunity to visit a post 16 college and university.</p>
15-17	Relationships	Communication in Relationships	<p>How to communicate assertively including wants and needs</p> <p>How to handle unwanted attention, including online</p>		<p>Students will watch extracts from TV and films of relationships that have turned abusive and will consider the consequences of this including recognising the</p>

			<p>How to challenge harassment and stalking including online</p> <p>Abusive relationships including where to seek support</p>		<p>signs and where to seek support.</p> <p>Students may look at examples of famous people who have been victim to stalking and harassment such as Holly Willoughby.</p>
18-24	Health and Wellbeing	Independence	<p>Personal safety when out and about including road safety</p> <p>First Aid and Emergency Services</p> <p>Cancer and lifestyle</p> <p>Screening and self-examination</p> <p>My Balls and Me documentary</p> <p>Registering with and accessing doctors, sexual health clinics, opticians and other health services</p> <p>How to manage influences and risks relating to cosmetic and aesthetic body alterations</p> <p>Blood, organ and stem cell donation</p>	<p>AQA Credit 121804 Level Two Certificate in PSHE: First Aid Unit 1</p> <ul style="list-style-type: none"> <li>• DRABC</li> <li>• Recovery Position</li> <li>• Choking</li> <li>• Asthma</li> <li>• Allergies</li> <li>• Bleeding</li> </ul> <p>AQA Credit 121806 Level Two Certificate in PSHE: First Aid Unit 2</p> <ul style="list-style-type: none"> <li>• DRABC</li> <li>• Breathing</li> <li>• Recovery Position</li> <li>• Defibrillator</li> <li>• Chest Pains</li> <li>• Heart Attack</li> <li>• Common Injuries</li> <li>• Emergency Services</li> </ul>	<p>Students will receive a visit from First Aid Doncaster. They will then complete AQA Credits.</p> <p>Students will receive a visit from the Transport Police on road safety.</p> <p>Students will watch the documentary My Balls and Me and discuss and learn how to self-examine.</p> <p>Students will also watch The Price of Perfection by Olivia Atwood when looking at cosmetic surgery.</p>
25-27				<p>ASDAN Certificate in Citizenship Module 1 Section A Rights and Responsibilities</p> <ul style="list-style-type: none"> <li>• Being a Good Citizen</li> <li>• Human Rights</li> </ul>	

				<ul style="list-style-type: none"><li>• Charities</li><li>• Interview someone with responsibilities</li></ul>	
Week 28 onwards GCSE Exams and Revision					